

Course Title: Foot/Ankle Conditions, Injuries & Syndromes (12CEs)

Instructor: Dr. Mitch Mally, Chiropractic Physician & International Speaker

Course Objective: This course focuses on normal vs abnormal foot/ankle mechanics and common conditions such as: Plantar Fasciitis, Morton's Neuroma, Heel Spur Syndrome, Tarsal Tunnel Syndrome, Sprain/Strain, Bunions, and more. Attendees will learn gait mechanics plus Hands-On technique demonstration(s).

Statement of Purpose: Foot/ankle injuries account for approximately 25% of the injuries in a sports oriented environment. Practitioners are presented evidence-based science and research to educate and afford patients with drugless and non-surgical alternatives to conventional treatment.

Overview of Course: This course emphasizes a qualitative history intake, clinical examination, radiology and demonstrations of Dr. Mally's Hands-On adjusting techniques for several of the most common foot complaints.

Course Outline: * *Note: presentation is multimedia with ppt presentations, video, and live demonstrations equating to a 12CE class*

Hours 1-2 Basic Sciences

Introduction & Ethics

Epidemiology of the inversion sprain

Review of research of foot/ankle anatomy

Hours 3-5 Clinical Sciences

Biomechanics of gait

Normal vs abnormal arthrokinematics of foot/ankle

Pathomechanics of various foot/ankle conditions & injuries

Hours 6-8 Examination Procedures

Palpation of foot/ankle

Range of Motion/Xray

Orthopedic/Neurological Diagnoses

Hours 9-10 Adjustive Technique (The Mally Method)

Demonstration

Live technique demonstrations

Hours 11-12 Case Studies

Risk Management

Q&A Conclusion