**OUTLINE**

**LECTURE TITLE:** Maximizing Momentum through Mobilization

**LECTURER:**  Dr. Sherry McAllister

**LECTURE LENGTH:**  120 minutes

**MODE OF PRESENTATION:** PowerPoint Presentation and current research review

**LECTURE CONTENT:**

* This course will offer current, relative information on trending healthcare topics
* The speaker for this presentation will cover the latest research; impact on concordant care, fragmentation and low value care; and how chiropractors can impact professional communications for collaboration.

*Topics of discussion include:*

0-10 Minute Review:

1. High Value Care Model
2. Low Value Services Impacting our communities

10-30 Minute Review:

1. Relevant Research on High Value Care
2. Outcomes that Impact your Practice

30-50 Minute Review:

1. Mobility and balance as we age
2. CDC and NIH review on Balance

50-70 Minute Review:

1. Mobilization in the Community
2. Burnout and physician shortage
3. Pain and opioid epidemic

70-80 Minute Review:

1. Barriers to care
   1. Diversity in chiropractic
   2. Cost of care
   3. First line provider

80-100 Minute Review:

1. Self Care and the current state of chiropractic
2. Collaborative care and solutions

100-120 Minute Review:

1. Maximizing Mobilization in your Community