



**Dr. Dan Murphy &
Nutri-West Midwest LLC
Presents:**
Nutrition Protocols for the Chiropractic Physician

**December 3-4, 2022
Madison, WI**

STRATEGIES TO MAINTAIN MENTAL AND PHYSICAL FUNCTION AS WE AGE:

CHIROPRACTIC MAINTENANCE CARE:

Review the studies showing the benefits of chiropractic maintenance care

DIET/NUTRITION:

Explore the science of healthy eating habits

EXERCISE:

Review the evidence of the health and longevity influence of regular exercise

EXTRAS (LASERS, VIBRATION):

Discuss the influence of regular use to low-level laser therapy and vibration plates have on systemic health

SLEEP HYGIENE:

Understand the importance of sleep in health and longevity

STRESS MANAGEMENT:

Understand why stress catecholamines harm health, and strategies to help one manage stress

SUPPLEMENTS:

Detail the minimum 5 supplements that everyone should take

Dan Murphy, D.C.

Dan Murphy, D.C graduated magna cum laude from Western States Chiropractic College in 1978 and has more than 43 years of practice experience.

He has a Diplomate in Chiropractic Orthopedics. Since 1982, he has served as part-time faculty at Life Chiropractic College West, where his academic work is that of Professor. He has taught more than 1,870 12-hour post-graduate continuing education seminars.

Dan Murphy, D.C. was honored to be chosen as "Chiropractor of the Year" in 2009-2010. In 2014, he received the "Lifetime Achievement Award" from the International Association of Functional Neurology and Rehabilitation.

Nutri-West Midwest LLC

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PLEASE CALL

800-247-8800

OR EMAIL

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For more information
or

TO REGISTER

Dates, Times & Location

Saturday, December 3, 2022

9:00 AM – 6:00 PM

Sunday, December 4, 2022

8:00 AM – 12:00 PM

Madison Marriott West

1313 John Q Hammons Drive

Middleton, WI 53562

(608)831-2000

www.marriott.com/MSNWE

Rates & Fees:

**Licensed Healthcare
Professional:**

\$295.00

Assistant/Student: \$150.00

12 CE CREDITS