

WinterFest

Hour by Hour Breakdown

Friday, February 04, 2022

8:00 – 10:00 am	Developmental Milestones Presented by: Patricia Schumacher, DC, DICCP Hour 1: Review of the literature to assist with understanding the importance of the pediatric developmental Milestones <ul style="list-style-type: none">• Defining the milestone for each age level• Review and discussion related to the 4 areas of primary pediatric development• Review of the literature to demonstrate what happens if the specific milestones are not met Hour 2: Review of the literature associated with pediatric milestones associated with each age level of development: <ul style="list-style-type: none">• Developmental milestones ages 0-2 years old• Developmental milestones 2-6 years old• Developmental milestones 6-10years old• Developmental milestones 10-14 old• Developmental milestones 14-18 old• Q&A related to pediatric milestones
10:00 – 12:00 pm	Immune Health for Children Presented by: Julie Wyss, DC Hour 1: Nutrition for Children's Immune Health <ul style="list-style-type: none">• Review the immune system function and development from a pediatric viewpoint• Understand what specific vitamins and minerals play a role in children's immune function• Discuss how whole food nutrition plays a role in immune health throughout childhood Hour 2: Herbs and Chiropractic for Children's Immune Health <ul style="list-style-type: none">• Discuss the use of herbs as in children for immune support• Discuss how chiropractic care plays a role in promoting overall health of children
12:00 pm	End CE Sessions
4:30 – 7:00 pm	Horse Drawn Sleigh Rides Zingers and Flingers Shooting Range <i>RSVP Required – Available at registration</i>

Saturday, February 05, 2022

5:45 – 6:15 am	Sunrise Candlelight Yoga <i>RSVP Required – Available at registration</i>
7:00 – 11:00 am	Movement is Life - And other lessons on treating children Presented by: Tracy Barnes, DC, DICCP, CKTI Hour 1: Current science, research and background of human fascial systems and their relation to spinal subluxation. Hour 2: Addition science of interconnecting fascial planes with practical applications and demonstrations for the Chiropractor. Hour 3: Practical ways for the Chiropractor to alleviate fascial dysfunction in the pediatric population. Hour 4: Assessing children from infant to adolescents for spinal subluxations and releasing them.
11:00 – 12:00 pm	Cervical Lordosis - Perspectives for the practicing chiropractor Presented by: Michael Hall, BS, DC, DABCN, FIACN Hour 1: The Cervical Lordosis <ul style="list-style-type: none">• The ideal curve• Embryologic considerations

	<ul style="list-style-type: none"> • Tone and the curve
12:00 – 1:00 pm	Break for Lunch
1:00 – 3:40 pm	<p>Cervical Lordosis - Perspectives for the practicing chiropractor Presented by: Michael Hall, BS, DC, DABCN, FIACN</p> <p>Hour 2: What have we learned?</p> <ul style="list-style-type: none"> • The curve and spinal alignment • The curve and sympathetic dominance • The curve and reflexes <p>Hour 3: What do we know?</p> <ul style="list-style-type: none"> • How did we get a curve? • How did we lose it? • Fatty infiltration, myelopathy, and degenerative changes <p>Hour 4: What can we do?</p> <ul style="list-style-type: none"> • How do we restore the curve and does it matter? • What does current research tell us?
4:30 – 7:00 pm	<p>Ice Skating Downtown Nine Mile Forest Adventure <i>RSVP Required – Available at registration</i></p>
Sunday, February 06, 2022	
8:00 – 12:00 pm	<p>Perinatal Practice - A chiropractor's role in caring for the expecting mother and beyond Courtney Gowin, DC</p> <p>Broken down into four parts: Preconception, 1st Trimester, 2nd Trimester, 3rd Trimester, Postpartum</p> <ul style="list-style-type: none"> • 15 mins: Intro/Why Prenatal /Objectives + Course Breakdown • 15 mins: The chiropractor's role in the birth and pregnancy process • 30 mins: Preconception Health—Methylation, Folic Acid, NaPro • 30 mins: Prenatal chiropractic and dystocia prevention. Key structures in the pregnant patient: Sacrotuberous ligament, Pubic bone, round ligaments, psoas, piriformis. • 30 mins: Table topics: Placenta Encapsulation, Postpartum depression, breastfeeding, vaginal seeding, pediatric chiropractic, belly binding, SI stabilization, ADL's while pregnant. • 30 mins: Hormones of the pregnant patient broken down into trimester and how it affects adjusting techniques • 30 mins: Generational healing and the chiropractor's role • 30 mins: In utero healing techniques to birth neurologically resilient children • 30 mins: Closing & Q&A
12:00 pm	Dismiss